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# Maxillary Suture Obliteration: Aging the Human Skeleton Based on Intact or Fragmentary Maxilla

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**ABSTRACT:** Obliteration of the four sutures of the bony palate is examined to determine its value as an age indicator. Thirty-six maxillae from a predominately white series representing both sexes and a wide variety of ages are studied. It is concluded that the amount of obliteration of these sutures is useful in estimating general biological age.

**KEYWORDS:** physical anthropology, musculoskeletal system, human identification, maxilla, suture, age estimation, human skeleton

Although the human maxilla has been given attention by many authors [1,2], most research has focused on embryonic development as it relates to cleft lip and cleft palate. Ashley-Montagu [3] has demonstrated that the incisive suture of human and nonhuman primates obliterates with age. With the possible exception of his study, there is a paucity of data on age-related suture dynamics of the bony palate. The present study proposes to examine the obliteration of these sutures as a potential estimator of biological age.

#### Background

To understand better the process of suture fusion, a brief description of the embryonic development of the maxilla (bony palate) is necessary. The maxilla develops from two parts known as the primary and secondary palates. The primary palate begins to develop during the fifth embryonic week [3], contains membrane bone that will later develop into the premaxilla, and houses the incisors. The incisive suture, which in the embryonic stage separates the premaxilla and maxilla, fuses before birth. By age five, the facial aspect of this suture obliterates [4]. However, the lingual surface of the premaxilla/maxilla exhibits a visible suture line that may persist into adulthood.

At birth, the secondary palate is composed of four bones (right and left maxilla and the right and left palatine) joined by broad sutures. With increasing age, the gaps visible between suture edges decrease, fuse, and ultimately obliterate. Accompanying suture closure and obliteration, the maxilla tends to get smoother and thinner.

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#### **Materials and Methods**

The sample consists of 36 known age, sex, and race (predominately white adults) skeletons donated to the Anthropology Department of the University of Tennessee, Knoxville, for research and curation. The skeletons studied range in age from 13 to 79 years. Only individuals having complete maxillae were included.

The method used in the study consists of dividing the maxilla into four distinct sutures modified from Kopsch [5]: incisive (I), (anterior) median palatine (AMP), transverse palatine (TP), and (posterior) median palatine (PMP) (Fig. 1). Because of the modification of the median palatine suture in this study and variability in suture patterns, the following criteria describe each suture. The incisive suture extends from between the lateral incisors and canines to the posterior border of the incisive foramen. In determining the amount of obliteration of this suture, the maxilla is divided into halves; the half exhibiting the least obliteration is used. In this study, the median palatine suture is divided into two discrete sutures to score and correlate better the rate of obliteration with age. The AMP suture originates at the most posterior junction of the incisive foramen and extends posteriorly to the palate bones. The TP suture divides the palatine and maxillary bones, runs perpendicular to the midline of the maxilla, and continues into the greater palatine foramina. The PMP suture is that portion of the median palatine suture that divides the palatine bones along the midline.

Each suture was examined to determine the amount of obliteration. Obliteration was defined as any portion of a suture no longer visible. A sliding caliper was used to measure the amount of obliteration present in each suture. The percentage of obliteration for each suture was then calculated and plotted on a graph in five intervals to study the sequence of obliteration with age.

The intervals are:

- 0 = 0% obliteration,
- 1 = 1 to 25% obliteration,
- 2 = 26 to 50% obliteration,
- 3 = 51 to 75% obliteration, and
- 4 = 76 to 100% obliteration.

General bone morphology of the maxilla was also studied to determine any gross age-associated changes.

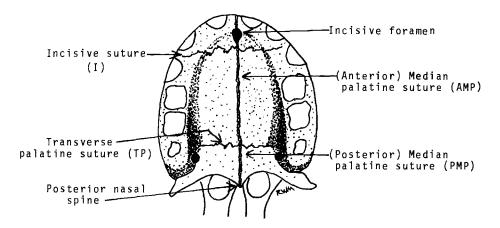


FIG. 1-Sutures of the maxilla (child under two years of age).

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# **Results and Discussion**

Gross examination of the maxillary sutures suggests that obliteration correlates with age (Tables 1 through 6). Although the percentage of obliteration varies from one individual to another, the general pattern is consistent enough to be of value in estimating age. For example, the presence of any obliteration of the AMP or TP suture in a fragmentary maxilla can be of value in placing an individual in an upper age category.

The first suture to obliterate is the incisive. During the early years of childhood, the maxilla is unfused and exhibits fingerlike projections visible within the sutures. The lingual surface is usually rough and pitted. Obliteration of the incisive suture begins laterally and progresses towards the midline. The earliest age of complete obliteration of this suture is 25 years.

The next suture to commence obliteration is the PMP which starts at the posterior nasal spine and progresses anteriorly. Early stages of obliteration are visible at age 25, while the earliest age of complete closure was seen in a 26-year-old specimen.

	Score															
Age in Years	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
79										+						
75											+					
73										+						
73											+					
72 62 59										+						
62 50							,				+					
59 58					+		+									
48					· <b>·</b> ··									+		
43														·T·		+
38				+												1
36			+													
36								+								
36 35			+													
35							+									
34 32						+										
32				+ +												
32				+												
31 31							+									
31				+												
30 29						+										
29			+													
26 25 25				+ + +												
25				+												
25				+												
24 23		,	+													
23		+		+												
22				T												
21 17			+ +													
16		+	1													
16			+													
15		+	'													
15		•	+													
15 15 13	+															
13		+														

TABLE 1—Combined total of the four suture scores.

Age in Years	0	1	2	3	4
79					+ <sup>b</sup> + + + + + + + + + + + + + + + + + + +
75					+
73					+
73					+
72					+
62					+
59					+
58					+
48					+
43					+
38					+
36				+	
36					+
35				+	
35					+
34				+	
32					+ + + +
32					+
31					+
31					+
30					+
29				+ +	
26				+	
25					+
25				+ +	
24 23				+	
23 22			+		
22				,	+
21				+ + +	
17 16				+	
16				+	
15			+ +		
15			+	1	
15		+		+	
13		т	+		

TABLE 2-Stage of obliteration-incisive suture."

"Intervals:

0 = 0% obliteration,

1 = 1 to 25% obliteration,

2 = 26 to 50% obliteration,

3 = 51 to 75% obliteration, and

4 = 76 to 100% obliteration.

<sup>b</sup>denotes presence of obliteration in each stage.

The AMP and TP sutures are next to obliterate. Although variable, obliteration of the AMP suture begins at the AMP/TP junction and progresses towards the incisive foramen. The TP suture usually starts to obliterate within the greater palatine foramen. The earliest age of AMP or TP suture obliteration is present in a black female 43 years of age. This female represents the only individual exhibiting complete endocranial and ectocranial suture obliteration, as well as complete obliteration of all maxillary sutures. It is probable, however, that obliteration in these 2 sutures begins in the fifth decade.

In advanced age, the maxilla displays a flat, smooth lingual surface. The central portion is

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	Stage								
Age in Years	0	1	2	3	4				
79	+								
75					+				
73					+				
73					+ + +				
72 62					+				
59				+	Т				
58	+			1					
48	'				+				
43					+ +				
38			+						
36	+								
36					+				
35	+								
35				+ +					
34				+					
32	+								
32	+								
31				+					
31 30	+		+						
29	+		1						
26	1	+							
25	+								
25		+							
25 24	+								
23	+								
22	+								
21	+ +								
17	+								
16	+								
16	+								
15	+ + + +								
15	+								
15	+++								
13	+								

 TABLE 3—Stage of obliteration—(posterior)

 median palatine suture.

thin and the four sutures may exhibit some, if not complete, obliteration. In this study, all seventh decade and older individuals exhibit some obliteration of at least three of the maxillary sutures.

After examining the maxillae, it is apparent that much variability exists in the amount of suture obliteration present at various ages. However, maxillary observations do suggest predictable aging patterns that can be associated with general age categories. The most obvious age categories discernible from Table 7 are:

(1) earliest age of complete obliteration of the incisive suture occurs at 25 years,

(2) below 25 years of age there is no obliteration of the PMP suture,

(3) below 43 years of age there is no obliteration of any segment of either the AMP or TP sutures, and

(4) At 60 + years of age at least 2 of the 4 maxillary sutures are completely obliterated.

	atan pa		mente.						
	Stage								
Age in Years	0	1	2	3	4				
79					+				
75		+							
73	+								
73		+ + +							
72 62		+							
59	+	T							
58	+ +								
48			+						
43					+				
38	+								
36	+								
36	+								
35	+								
35	+								
34	+								
32	+								
32	+								
31 31	+								
	+								
30 29	+								
26	+								
25	- -								
25	+								
24	+								
23	+								
22	+								
21	+								
17	+								
16	+								
16	+ + + + + + + + + + + + + + + + + + + +								
15	+								
15	+								
15	+								
13	+								

TABLE 4—Stage of obliteration—(anterior) median palatine suture.

#### Summary

A preliminary study of a limited sample of 36 human maxillae suggests that suture closure and age are correlated. By determining the amount and general pattern of maxillary suture obliteration in an intact or fragmentary maxilla, a broad age category may be established for an individual. Based on the authors' experiences, this method has been used to sort commingled skeletons and corroborate age estimates based on other aging techniques. Further research using a larger sample (Terry Collection) representing a wide age, race, and sex distribution is now in progress.

#### Acknowledgments

The authors gratefully acknowledge the assistance of Drs. J. T. Francisco, J. S. Bell, O. C. Smith, and Mr. C. Lahren of the Department of Pathology, University of Tennessee, Mem-

	Stage					
Age in Years	0	1	2	3	4	
79		+				
75		+				
73		+				
73		+				
72	+					
62			+			
59	+					
58		+				
48				+		
43					+	
38	+					
36	+					
36	+					
35	+					
35	+					
34	+ $+$ $+$ $+$ $+$ $+$ $+$ $+$ $+$ $+$					
32	+					
32	+					
31	+					
31	+					
30	+					
29	+					
26 25	+					
25	+					
25	+					
24	+					
23	+					
22 21	+					
21	+					
17	+					
16	+					
16	+					
15	+ +					
15 15	++					
13	+					
15	<b>T</b>					

 TABLE 5—Stage of obliteration—transverse palatine suture.

Age	I	AMP	ТР	PMP	Total
13	2	0	0	0	2
15	1	0	0	0	1
15	3	0	0	0	3
15	2 3	0	0	0	2
16		0	0	0	3
16	2 3	0	0	0	2 3 2 3
17	3	0	0	0	
21	3	0	0	0	3
22	4	0	0	0	4
23	2	0	0	0	2 3
24	3	0	0	0	3
25	3	0	0	1	4
25	4	0	0	0	4
26	3	0	0	1	4
29	3	0	0	0	3
30	4	0	0	2	6
31	4	0	0	0	4
31	4	0	0	3	7
32	4	0	0	0	4
32	4	0	0	0	4
34	3	0	0		6
35	4	õ	0	3 3	7
35	3	ō	0	Ō	3
36	4	Õ	Õ	4	8
36	3	õ	Õ	Ó	3
38	4	ŏ	õ	2	4
43	4	4	4	4	16
48	4	2	3	4	13
58	4	õ	1	0	5
59	4	ŏ	Ô	3	7
62	4	1	2	4	11
72	4	1	õ	4	9
73	4	1	1	4	10
73	4	0	1	4	10
75	4	1	1	4	10
79	4	4	1	0	9

 TABLE 6—Scores for each suture of the maxilla.

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Age in Years	Race	Sex	I	АМР	ТР	PMP
13	w	F	29	0	0	0
15	W	F	21	0	0	0
15	W	F	54	0	0	0
15	W	F	47	0	0	0
16	W	F	53	0	0	0
16	W	F	50	0	0	0
17	w	F	57	0	0	0
21	W	F	67	0	0	0
22	W	Μ	78	0	0	0
23	Μ	Μ	47	0	0	0
24	В	F	69	0	0	0
25	W	Μ	71	0	0	14
25	W	F	100	0	0	0
26	В	Μ	69	0	0	6
29	В	F	53	0	0	0
30	W	Μ	100	0	0	42
31	W	F	88	0	0	0
31	W	Μ	100	0	0	53
32	В	F	77	0	0	0
32	W	F	100	0	0	0
34	W	F	63	0	0	62
35	W	Μ	100	0	0	72
35	W	Μ	62	0	0	0
36	W	F	100	0	0	79
36	W	Μ	65	0	0	0
38	W	F	100	0	0	40
43	В	F	100	100	100	100
48	W	М	87	35	56	100
58	W	F	100	0	9	0
59	W	F	100	0	0	63
62	W	Μ	100	23	40	100
72	W	Μ	100	9	0	100
73	W	Μ	100	5	3	100
73	W	М	100	0	4	100
75	B	F	100	14	3	100
79	W	F	100	100	7	0

TABLE 7—Percent of maxillary suture obliteration and age " (N = 36).

"Obliteration of the incisive suture is based on that half of the maxilla displaying the least obliteration.

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